

# SAFETY PROTOCOLS

## 1. General Preventative Measures

- Perform hand hygiene properly, especially before touching your eyes, nose or mouth; before eating; after using the toilet; and after touching public installations or equipment such as handrails or door knobs; or when hands are contaminated by respiratory secretion after coughing or sneezing
- Wash hands with liquid soap and water properly whenever possibly contaminated
- When hands are not visibly soiled, clean hands by rubbing them with 70-80% alcohol-based hand-rub as an effective alternative
- Cover mouth and nose with tissue paper when sneezing or coughing. Dispose soiled tissue paper properly into a lidded rubbish bin and wash hands with liquid soap and water afterwards
- Students are always required to wear a mask during a sports activity, except whilst swimming
- Parents/Guardians should also ensure that students have a spare mask, as a back-up
- No spectators will be allowed
- Do not use drinking fountains
- Please bring your own water bottle and do not share this with others. Please put your name on it.

## 2. Body Temperature Checking

- An H&S station will be established at each activity area for temperature checks and hand rubbing procedures
- All ESF Sports staff, Students and guardian's temperature checks will be undertaken prior to the start of each sports session
- A record of each person's temperature will be taken and recorded, and must be confirmed
- Staff, Students or spectators with a temperature of 37.5degrees C will be asked to leave the school premises

## 3. Water/Toilet Breaks

- If a student leaves the court for a water or toilet break, they **MUST** use the hand sanitizers prior to re-joining the activity

## 4. Exclusion from Activity

- Please note that the Lead Coach will ultimately make any decision for excluding a student from an activity due to Health & Safety reasons