

British Long Distance Swimming Association

Postal Swim

**Swim as far as you can in one hour!
Individual and Team events**

**Entry fees:
Individual \$50
Team \$45**

All squad swimmers / adults & parents in ESL Swimming Programme are invited to participate in the Postal Swim

South Island Thursday 17th February 5.30 – 7.00pm

Renaissance Friday 18th February 5.30 -7.00pm

Discovery Wednesday 23rd February 5.30 – 7.00pm

Information sheets and entry details is available on our website