

GYMNASTICS

It's great fun! It teaches us how to move our bodies in special ways. It is a good way to make children stronger, with improved co-ordination and more flexible.

How many of the great gymnastics Olympic Champions can you name? Here are two introduce to you.

Olga Korbut – a seventeen years old gymnast from USSR, darling of the world's media at Munich in 1972 who awarded three gold medals.

Nadia Comaneci – the champion in 1976 at Montreal from Romania. She scored 10s from all seven judges on parallel bars and balance beam.

RECORD BREAKER

USSR gymnast Larissa Latynina won 18 Olympic medals between 1956 and 1964, more than any other Olympian in history.